

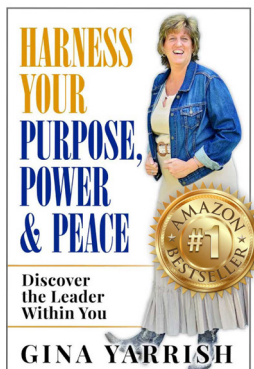
## ACCREDITATIONS



Equine Experiential Education  
ASSOCIATION



*Feature Book*



## GINA YARRISH

Gina Yarrish is a motivational speaker and The Accelerator Coach. She is a master of life itself through her own endeavors as an entrepreneur of 30 years in the real estate business. She is a certified life coach, a Practitioner of Equine-Assisted Learning (EAL), an Equine Specialist in Psychotherapy and Personal Development. Gina is author of the bestselling book, *Harness Your Purpose, Power and Peace*, which will show readers how to regulate stress and anxiety by learning to design life.

Over the last several decades, Gina has applied her knowledge and experience in life coaching, equine experiential education, psychotherapy and neurosciences to help both individuals, entrepreneurs, organizations and groups experience powerful transformation through her speaking events, private sessions and trainings. She has appeared for key talks and conferences around the country.

Learn more at [www.YARCORT.com](http://www.YARCORT.com).



# GINA YARRISH

*Motivational Speaker,  
Equine Facilitator and  
Accelerator Coach.*

Gina and her team bring 30 years of experience in helping people emotionally and physically. This is achieved by employing Life Coaching and Equine-Assisted Learning principles. We assist you in the process of moving through and beyond boundaries. We help you recognize unseen issues that inhibit personal growth. While changing the past is impossible—changing the future has limitless possibilities! Everything Gina and her team offers is about focus and forward momentum. They will provide you with the support to bring you forward in your experience of learning the truth about yourself.

## **MANY OF THE BENEFITS INCLUDE:**

- Regulating Stress & Anxiety
- Clarity and Focus
- Positive Mindset
- Renewed Relationships
- Slide by Personal Barriers
- Attract New Business

## **BOOK GINA:**

**(570) 756 - 3036**



## **SPEAKING ENGAGEMENTS**

I hear day in and day out “I have no hours left in the day, my thinking is always on, I talk myself out of things or I never seem to get ahead”. This is a huge problem in today’s society. These thoughts accumulate—causing stress and debilitating anxiety in your heart and mind. It can get worse and eventually affect your health. Stress and anxiety impact 37.7 million people around the world. Many are so crippled by stress and anxiety that they feel powerless when it comes to changing their current direction. This is because they may not know how to. **HERE’S THE HOW!**

A unique, interactive workshop that takes you beyond your current thinking. It awakens the power within, and sends you off inspired and energized.

Gina offers Keynotes & Workshops to Entrepreneurs, Professional and Health Organizations (Annual Meetings, Conferences, Conventions, and Events)

## **SPEAKING TOPIC:**

### *Regulating Stress & Anxiety*

Experience Gina’s uniqueness, energy and dynamic thinking through a powerful interactive presentation. Witness her passion, radiating from the stage—promising to open your heart and mind to a new way of living. Gina knows all too well from her own experience with trauma, that stress and anxiety nearly killed her. Stress cannot be removed completely from our lives. However, we can certainly alter the way in which we deal with it. Through alternative ways of thinking, Gina takes you on a new journey into life.

What can you expect from this? “WOW”

